Fraternally Yours

DEAR EDITOR: God's richest blessings on You, Your staff and our beloved New Activity which has helped me in more ways than one to understand the Law of Life. My gratitude is great to You and all who brought it forth, when it was needed so much. I do not believe there could be anything more plain and helpful to mankind, for even a child can understand this wonderful instruction which is given in your literature. If we try to have the simplicity of faith as of a little child, all things are then made plain to us.—L. L., Pasadena, Calif.

EDITOR: Whether Ascended or unascended, *all life is one* and all life enjoys commendation and gratitude. Those of Us Who are sponsoring "The Bridge" at Inner Levels as well as our unascended staff are grateful for your appreciation of Our humble efforts to show all mankind the way back "Home." Speaking of the simplicity of Our presentation of Truth, mankind *can* understand what they *want* to—*if they want to enough!* "What man can conceive, he can achieve!" When reading Our literature, if one will still the outer self for a moment and ask the Master giving the instruction for His consciousness and illumination concerning it, *that one shall receive the assistance. "Be still* and *know* . . . ."

* * * *

PRECIOUS ONES OF GOD'S HEART: How very happy I am to have had the privilege of contacting "The Bridge". O! what a joy and blessing. It thrills me to know I have become one of your great family, trying to reach the goal for which our precious Saint Germain has worked so untiringly through the centuries. I am so grateful for this assistance on my way to freedom!—E. M., El Paso, Texas.

EDITOR: May God sustain your enthusiasm! It is God's Will that all mankind be wholly and eternally free! *I know that Will* for, as Chohan of the First Ray, I represent that *Will* to the people of this dear Earth. "One with God is a majority". Then, if it is God's Will that man be free, *any man who is determined so to be,* can and will find doors opening to him in most unexpected ways and places if, having put his hand to the plow, he will not turn back! Every obstacle which appears on his pathway can be transmuted into light by the dynamic, persistent use of the Violet Transmuting Flame of Mercy and Compassion. This is the gift of My Beloved Brother, Saint Germain, Chohan of the Seventh Ray (which Ray is presently enveloping the Earth and Her evolutions and will continue to do so for the next 2,000 years). The more of mankind who will consciously accept the reality of this beneficent Flame, living, moving and having their being in It constantly, the sooner will all be free from that which torments and limits them. The conscious use of the Name of God "I AM" as the Creative Word and the constant use of the Violet Fire are a combination of activities indispensable to those who would "come out from among them . . ." and be free. Blessings upon you for your determination to have that freedom which is Ours and which We attained through the use *of* and co-operation *with* the very same Laws which you are now being taught.

THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

Volume IV MARCH, 1956 No. 12

To the Spirit of the Immaculate Concept, Archangel Gabriel!

As the Archangel Gabriel promised to come to Beloved Mother Mary and intensify the Divine Concept of the "I Am" Presence of the Master Jesus before His birth, so does Beloved Gabriel offer to come and direct His Cosmic Flame through the outer consciousness of every individual on Earth, stirring the remembrance of that one's own Divine Image and Likeness into *active being!*

At this season, when the externalized perfection of the Master Jesus is honored, invoke the Presence of the Beloved Gabriel! He will not fail you. Into the swirling confusions of thought and feeling, He will direct His constant Flame and, for a moment, the remembrance of the perfection, the glory, the Divinity of your own "I Am" Presence will stamp itself upon your mind. *Accept it in your feelings* and ask Beloved Gabriel to keep it sustained and help you as He helped Beloved Mary, to nourish and develop that Divine Pattern through your outer self!

Archangel Gabriel! Come now into the atmosphere of Earth! Attend the consciousness of those gathered in the "upper chamber" seeking the true Way! Bring to their remembrance the full glory which they had with their Source before the world was. Sustain their enthusiasm until the glory and perfection of that Presence is externalized in the fulfillment of their own Divine Plan; to their individual victory and for the encouragement and stimulus of their fellowmen.

THOMAS PRINTZ, *Editor.*

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The Homes and Retreats of The Masters of Wisdom

THE RESURRECTION TEMPLE OF BELOVED JESUS AND BLESSED MARY

March 15 through April 14, 1956

The Resurrection Temple is focused in the Etheric Realms over the Holy Land and forms the spiritual focus for the magnificent Resurrection Flame, which is the hope of redemption for all life that has lost, even temporarily, the natural rhythm and harmony of God-expression.

The control of the vibratory action of the energy drawn from the Supreme Source of life is the responsibility of every self-conscious intelligence. The thoughts, feelings and actions of the individual qualify the energy so freely given to each lifestream and regulate the vibratory action of that energy as well. The resulting inharmony, sickness, limitation and various distresses which are externalized by the soul, fill the aura of the individual, "bog down" the vibratory action of his inner and physical bodies and plague him with shadows of various kinds. These finally lead the individual to a point where he calls for help to re-orient his life; to re-organize his own spiritual and physical forces and, at last, to arise again to his natural estate of harmonious mastery of energy and vibration.

The Resurrection Flame has been magnetized by Great Beings Who have seen this need for spiritual resuscitation and Who have wisely prepared the Way to answer the calls for help which they knew would inevitably come from the race when the shadows became so uncomfortable that they could not longer be endured. Thus, always, through the mercy of the Cosmic Law and through the interest and cooperation of

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Divine Messengers, there is provided a Way to return to the Father's Home, long before the souls of men even sense the need for help or desire to so return.

In the early eras, when each individual lived in perfect harmony with the Music of the Spheres and his own inner bodies and physical form vibrated rhythmically according to the keynote of his own individualized "I Am" Presence, there was no specific requirement for a Flame of Resurrection, except insofar as It was used by the Directors of the Forces of the Elements to awaken the dormant Nature Kingdom to Its rhythm of productivity after Its rhythm of rest.

When mankind began to break the natural rhythm of his own vehicles through destructive use of the free will, however, the Mighty Intelligences Who have taken the responsibility of sustaining the spiritual selves of this evolution, saw that the Resurrection Flame would be required, in time. They knew It would be necessary to help *those so desiring Its use* to regain the natural rhythm and harmony of their various vehicles of expression and to sublimate (to refine with fire) and transmute the soul into the Holy Christ Self.

As all other foci of the Sacred Fire, The Resurrection Flame is magnetized, sustained and expanded through the cooperative endeavors of Cosmic Beings Who provide Its beneficent radiation for all who choose to tune into It, bathe in Its vitalizing power and become, in themselves, radiating centers for Its HOPE in their own homes and localities. The Beloved Ascended Master Jesus, Whose Own Victory was accelerated by the knowledge and use of this Resurrection Flame, is One of Its Guardians, as is also His Holy Mother Mary. The Beloved Archangel Gabriel and His Divine Complement, the Archii Hope, are also connected with this Flame, the Resurrection Temple and Its Brotherhood.

The Resurrection Temple is builded in circular form, composed of seven beautiful corridors encircling the Holy of Holies, upon Whose Altar the Flame Itself is focused. The radiation from the Resurrection Flame passes outward from corridor to corridor, lessening in intensity and power on its journey toward the periphery of the Temple. Thus, in God's mercy, each group of initiates and chelas can find the corridor in which their own inner bodies are most comfortable and wherein they can absorb as much of the power of the Resur-

rection Flame as their particular development allows. As they advance in purity—*and in works*—they are drawn closer and closer to the center of the Temple. Finally, they are privileged to stand within that Flame and, utilizing Its momentum of resuscitation, complete the sublimation of the human nature. Thus they become ready to dwell in the Kingdom of Harmony with Those Who have learned to master the energies entrusted to Them by God and to use those energies *only* to increase the beauty and perfection of life.

The corridors of the Temple of the Resurrection Flame are peopled by Angels, the finer bodies of some unascended beings, and Elementals, as well as by the Masters Who have chosen to guard and develop those who, by their very presence here, have signified interest in the power of Resurrection and desire to have the assistance of Its radiation.

The Spiritual Law is very exact and a balance must be rendered for every added blessing of grace, understanding and opportunity. Therefore, those who desire to move toward the center of the Resurrection Temple cannot content themselves with merely enjoying the buoyancy and exhilaration which flows through them by reason of their proximity to Its Focus. Each beneficiary of the resuscitating power of the Resurrection Flame is carefully supervised by the Master or Angel in charge of the group in which he is fitted to dwell. Those who utilize *to the best of their present ability* the gifts, powers and radiation of the Resurrection Flame for the blessing of all life, are marked and those who merely absorb Its essence are also marked by the Supervisor of each group of aspirants.

Wise, then, is the chela who directs his consciousness toward the Resurrection Temple at night, with the heart-felt prayer that he may *receive* some of the hope, buoyancy, resuscitating power, general gifts and benedictions of that Flame, *bringing back* into his own outer consciousness, his home, his business, his nation and his planet, a focus of that Flame which becomes a radiating Sun of Resurrection wheresoever he is. Thus does the chela comply with the law of receiving and giving, in perfect balance!

(Note: for further information on the Resurrection Temple, please see The Bridge to Freedom, May, 1953, Vol. II, No. 2; March 1955; Vol. III, No. 12; supplement to The Bridge to Freedom, January, 1954; Transmission Flame Book, pages 52-54).

An Address by
BELOVED MASTER JESUS

December 30, 1955

Beloved children of God, I come to bring to you My consciousness of victorious accomplishment! That which I have done—that which I have manifested through a flesh form similar to the one which you presently wear—*was not miraculous!* It was something similarly ordained for every lifestream upon this planet. My endeavor to bring that manifestation of Christ-fulfillment before the eyes of men, was merely to provide an *example* by which every man, woman and child might *be stirred to make effort* toward a like development and a like maturity of their own Godhood.

One of the greatest mistakes which has "bogged down" the activity of the Christian Dispensation is the placing of Godhood upon Myself *alone* and denying it to My fellowman. Of course, as We have come into a more enlightened age and some of the superstitions and dogmas of the Orthodox thinking have been swept away by the braver men and women who opened the door to the spiritual Path, there has come a spiritual realization that *Christhood is possible for others besides My humble Self.* Before I was even born into My final embodiment, *there were many, many lifestreams who had achieved the state of Christhood;* full Mastery and God-control, having sublimated the flesh form—*knowing the victory of the Ascension!* However, for the Christian Dispensation, it was My great opportunity to manifest the Resurrection, which is done so easily every Spring by your Nature Kingdom. I was to come and bring the Divine Presence right into the substance of Earth, developing It into a God-man, made in the Image and Likeness of the Father Who, in the first place, created Me. *He also has created you in like manner.*

The Perfect Divine Pattern

For every Divine creation—whether it be Angel, Deva, Seraphim, or human being—there is the Archetype of Perfection for that creation. In the case of the human being, Saint Germain has chosen to call It "the individualized 'I AM' Presence." This Divine Pattern of Perfection is fashioned out of living light and within Its heart is placed the Immortal

Three-fold Flame of Life. Within that Flame is intelligence and within It is consciousness! In lesser degrees of expression such as flowers etcetera, there is also a Divine Pattern created. If it is in the Nature Kingdom, the Divine Pattern is formed by the Devas Who are designing (let us say), the daffodils, which will be the glory of the country-side in the Springtime. The Divine Pattern is fashioned at Inner Levels out of primal light by the thoughts and feelings of those Devas; energized by the directed pressure of some Elemental life and then is focused within the bulb. The Elemental who is in charge of breathing his life essence upon the bulb causes the Divine Pattern of perfection (already within the bulb) to expand, until the perfect replica and manifestation of the daffodil appears,—that Divine Pattern which is in the Inner Realms.

So, those who have given great honor to My particular Mission might consider this with a little more wisdom and understanding. They would find that every daffodil which bursts into bloom; every flowering shrub; every tree that follows its natural pattern *does, through the Nature Kingdom, that which I did through a flesh body! You, too, must do this some day!* Within your own individualized "I AM" Presence, you have your Divine Pattern and Plan. You have been created and directed from the heart of the Universal First Cause by some Great God-parents. Some of you came from Alpha and Omega's Cosmic Hearts; some from Isis and Osiris; some from Apollo and Diana; some from Krishna and Sofia or from Helios and Vesta. (NOTE: The above Sun Gods and Sun Goddesses are Those in charge of Systems closer to the Great Central Sun than the System to which the Earth belongs—Helios and Vesta being the God-parents of *our* System. Alpha and Omega represent the Great Central Sun Itself.) Your individualized "I AM" Presence was created in the Image of the God-parents Who directed a Three-fold Flame from Their hearts into universal light substance and around that Flame coalesced your glorious Electronic Body of light. Then later, there was projected down into this physical appearance world a portion of that magnificent Flame. It contains within Itself (even as the bulb contains within itself the perfect design of the daffodil), the picture and the seed of your Divinity and of your God-self. *Are you less, then, than a flowering bulb or a seed that produces after its kind?* Are you less

than a blade of grass; less than even the embryo chicken which bursts from the egg, following the pattern of its parents? Ah, no! *You are far greater!*

However, *you have one thing* which is not the gift of the Nature Kingdom—*free-will!* Through the use of that gift of free-will, *you have chosen not to let* the God Who created you (the Divine, perfect "I AM" Presence Who is living within your heart) expand into Its full perfection. From time to time, Beings have been chosen at Inner Levels Who have a certain consciousness of the capacity of "letting go and letting God" and these volunteer to come to Earth through physical embodiment to show the people the way to attain Mastery; showing them how to develop into the full flower; the full bloom of the Christ.

Your Mission Similar to Mine!

Now, your Mission is similar to My own! Before I came into the world of form, I was "charged" with a Mission—that is—to manifest unto all mankind the full perfection of Our Father which is in Heaven. *You were also so "charged" when you were created!* When your Beloved Infinite "I AM" Presence projected down into your physical heart the Immortal Three-fold Flame, *that Flame contained within It the embryonic Christ* Whose light We are now endeavoring to expand until it has stirred the outer self from its soul-sleep. We are trying to expand that light to a point where Its pressure is more powerful than that of the shadows of the physical and astral Realms in which you presently abide.

Beloved ones, let us not feel that "becoming the Christ" is such an effort! Is it an effort for the bulb to release the green shoot; the lovely golden head of the daffodil; or the lily with its fragrance? Is it an effort for the Nature Kingdom each Spring to manifest the Spirit of Resurrection and, where trees with leafless branches signify the absence of life, to bring perfume and color in blossoms that garland your countryside with such beauty that it brings you closer to the Kingdom of Heaven?

Beloved ones, why is *mankind alone* content to allow the embryonic Christ within his heart to remain quiescent within Its "shell"? Why is he content to let it remain within the "bulb" and not let the flower of his Divine manhood unfold?

The perfume, beauty, dignity and gifts of God through each one should *expand* to bless the Earth and Her people—sick unto death with travail and all manner of distress.

What is the "second-coming"?

One Christ is not enough, even in a two-thousand year period! The "second-coming" means the awakening of many men and many women; many sincere and determined life-streams who have had enough of their own way and who, in the privacy of their own rooms, are willing to kneel before their own God, asking that that Presence have Its Own way with them; externalizing the glory of the Divine Pattern and Plan through their outer selves.

This was My Message—it was My Mission! It was the reason for My coming into being; the reason for which I went through every experience of the Earth life, even to allowing men to mutilate My flesh form. *I allowed this to prove that the Immortality and Divinity of the Godhead could be manifest through one of the sons of men.* This is My endeavor now, in drawing your attention, each and every one of you, to your own Christ. It is not as if you had to generate something *inside* yourselves that is not already there. It is not as though the gardener had to *insert* the pattern and picture of the daffodil into the bulb . . . *it is already there!* The very fact that you have being and a beating heart proves that this Divine Image and Pattern *is within you* and It but requires the courtesy of allowing your Presence to develop Its full maturity through your lifestream at this time. All over the world tonight, earnest and sincere groups of men and women have gathered together while We are endeavoring to pour Our energies into their souls, dislodging in that process the desire to continue to use free-will *destructively!*

Dear hearts, the removal of the destructive use of free-will is the petition which you individually and collectively have made to the Karmic Board. I would like to explain to you that the desire to use the free-will destructively (which continues to create and sustain imperfection) is in the *feeling world.* Thus you may understand a little more clearly how it is possible for you, through application, to raise the vibratory action of your own world, the student body and then of mankind at large, to a point where destructive desires no longer

exist. You know that the more rapid the vibrations of energy,—physically, mentally, emotionally or etherically,—*the less of discord there is!* The slower the vibratory action of the atoms and cells which make up your physical and inner bodies, the more prone they are to accept and become the recipients of vibrations of a low, heavy and discordant nature. Therefore, the acceleration of the vibratory rates of your inner and outer vehicles is part of the reason for your decree work, your songs and, in general, your collective group endeavors.

Acceleration of Decrees and Songs is Beneficial

When a group of students gathers together for a meeting, a Great Master Presence or Deva stands within the atmosphere. As the decrees, fiats and songs go forth in a fairly rapid but balanced tempo, the rate of vibration of the atoms making up your physical and inner bodies increases and there is thrown off much mis-qualified substance which is instantly transmuted by the Great One in charge of the meeting. You would be amazed could you see with the inner sight, how much impure substance of your worlds is thus transmuted by that beautiful, ever-present and all-willing Violet Fire. This impure substance has been lodged in your physical and inner bodies.

Benefactions of Violet Flame

This Violet Transmuting Flame is always blazing up around every Sanctuary, once it has been called forth there, even when you are not present. It is so wonderful to know that the Violet Fire is always there. Whenever purification is called for, that Violet Flame goes into action. It frees the Elemental substance from all impurities, returning it to the Sun for re-polarization by Divine Love.

Explanation of Atom and Electron

Now, to explain the activity of the atoms, We shall go back to our illustration of the electron and the atom which has been given you previously, (especially in the Autumn class of 1955). The Causal Body* (represented by the circles of color

* (NOTE: The "Causal Body" is composed of a series of circles of constructive colors around the individualized God Presence of each lifestream (the "I AM" Presence), that which Beloved Jesus called "The Father". This Causal Body is the repository of all the good created and developed by that lifestream—that created by the Presence and Holy Christ Self of the individual at Inner Levels, before taking physical embodiment; as well as all the good created,

around the upper figure in the Chart) may be likened unto an enlarged electron. Many of those electrons, swinging around a central core, form one atom. Between each electron there is a great distance (relatively speaking). As the electrons swing within their atom, they are either expanding their light or they are closed in by the discord and substance of the astral and psychic Realm, which is forced like pie-shaped wedges, between these points of light. Now, when your thoughts, your feelings and your etheric memories dwell upon imperfection, you slow down the vibratory action of your electrons and then the substance of the psychic and astral Realm closes in around them, lowering the entire vibration of your four lower bodies. In this way you become an easy prey to depression, poverty, ill-health; to any number of the various negative aspects which mankind at large mirror and outpicture today.

Constant Vigilance Required Over Four Lower Bodies

Now, in order to quicken the vibratory action of your inner bodies, you must use that Immortal Three-fold Flame within your hearts and you must make *conscious effort* to accelerate the rate of the electrons as they move around the center of the atom. This is done through your decree work; through your songs, visualizations and applications individually or in groups. It is done also by a constant vigilance over the type of feelings you allow to rest in your emotional world and the type of thoughts you dwell upon. This vigilance is necessary *all through the day*—not only during the hours while

developed and expanded by the human personality through all its centuries of embodiment here on Earth (or on some other planet, if the individual came here from another Star). Beloved Jesus says in one of the Gospels in the New Testament that man shall be accountable for every word that proceeds from his mouth; also that every "jot and tittle" must be accounted for. So it is! *Not one electron or atom escapes* from experiencing the results of the vibrations sent out by, from or through it. The Law of the Circle is absolute and all must return to its Source one day—either for purification or reward. That which is GOOD is deposited in the Causal Body and that which is discordant (because of its very density and low rate of vibration) stays around the physical body and its environment. It is this accumulation of evil which forms the Astral or Psychic Plane! This discordant accumulation (individual as well as the collective discord in the Astral and Psychic Realm, must all be purified and redeemed one day, before the Ascension can take place). This purification is accomplished through the constant, dynamic use of the Violet Transmitting Flame. When 51% of the energy of one's lifestream has been drawn into the Causal Body, qualified with perfection, then that individual's Ascension into his Presence (his Source of God's Perfection) has begun.)

you are in class—at which time you are directed primarily by someone in charge, whose endeavors keep your attention above the consciousness of the mass mind. The type of memories which you have and the type of physical environment with which you surround yourself also affects these inner vehicles. As you keep a vigilant watch over the activities of these inner bodies and you keep the vibratory action of each one of them up above vibrations of the psychic and astral Realm, then there should be no difficulty in expanding the Christ Flame from within your heart. If you allow these bodies to descend into the Realms where discord and negative creations abide (through discordant thoughts and feelings) then you have age, disease, limitations and distresses of every kind and description.

Your physical body is inter-penetrated by your etheric body. These are enfolded by your mental body and your emotional body. All of these are made up of atoms. Those atoms are composed of a series of electrons in constant motion, spinning around its tiny centripetal heart. Now, the quality of the atoms of every one of your bodies is constantly subject to change; to purification and etherealization; or to become more gross and more heavy. That is why individuals are sometimes very beautiful when they are young (around eighteen years of age). Their faces then are clear and unlined; their bodies are alive and buoyant; but after they have passed through the discordant experiences of some twenty or thirty years, you find that the vital flesh atoms have been lowered in vibration. This makes the flesh form less beautiful than it was before the discord was registered upon it.

Your emotional body is in a constant state of motion, as is even this seemingly inanimate lectern upon which I place My hand. Science has confirmed that *there is no such thing as inert or inanimate matter*. Your emotional body is made up of millions of tiny electrons in constant movement—these form the atoms. Now, if that motion of the electrons is in accord with the rhythm of your God-Flame and is in accord with the constructive radiation of some Master, that is fine! Then your emotional body deflects all destructive feelings projected at you, as well as all the discordant energy which you contact. You are then the Master-control of all energy wherever you

(*Continued on page* 16)

THE MASTERS OF WISDOM SPEAK

ON: THE COURTESY OF ILLUMINED OBEDIENCE

MAHA CHOHAN:

One of the main sources of unhappiness, frustration and distress experienced by mankind is the capacity to disobey the Divine directions of their own individualized "I Am" Presence and the Ascended Host of Light. This choice between joyous, willing, illumined obedience to the directions of that Presence and the willful or ignorant mis-use of their free-will to create imperfection, is a personal matter between each man and his God. However, until each member of the human race comes to a personal desire to do the Will of God, he will not know permanent happiness or the joy of victorious accomplishment which brings peace, abundance and spiritual expansion in its wake.

EL MORYA:

Studying the activities of the Nature Kingdom, any man with perception can see manifest the absolute obedience to Divine Law, which makes order, harmony, uniformity and security a portion of the gifts of that Kingdom to man. The Sun, moving in Its Cosmic orbit around the Central Sun of the Galaxy, obeys the Spiritual Law governing Its service and does not go off on a "tangent" into a path other than that ordained for the safety, illumination, nourishment and sustenance of Its planets. In like manner, each planet follows faithfully and obediently the rhythmic motion ordained for it in its circumnavigating of the Sun. The oceans rise and recede in perfect rhythm. The seasons of ploughing, sowing and harvest follow each other in dignified and orderly procession. What is man that he shall ignore the Creator and, establishing a rhythm of his own making, contribute nothing but dissonance to the planetary scheme of which he is so small a part?

KUTHUMI:

Illumined obedience differs from *blind* obedience in which there is acquiescence based on fear of punishment, dis-favor and blame. The individual who obeys blindly, goaded on by superstitious dread of punishment, is no nearer the goal of union with Divine Will than the arrogant egotist who accepts the promptings of his own inner desires for glory and power, as the directions of the Godhead. Illumined obedience requires a humble, simple heart; a pure soul; a quiet mind; a patient and controlled emotional world and then, the rare faculty of impersonal discrimination, which weighs the directions given against the many pitfalls into which fall the intellectually proud as well as the fearfully superstitious.

PAUL, THE VENETIAN:

Man has not destroyed the conscious connection with his own individualized "I Am" Presence in a moment, *nor can he repair and re-establish such a connection in a moment!* It requires patience, persistence, *purity of motive* (so many desire this connection to aggrandize the personality at the expense of others), a well developed sense of discrimination and a constant vigilance at the door of the outer consciousness, so that no pseudo philosophy can find anchorage in the personal self. This but delays the development of the true, permanent communion with the "I Am" Presence.

SERAPIS BEY:

The Divine Plan, either for the individual or the race, will always be something which will have a permanent, beneficial effect upon the unit and the whole. Many aspirants who have come to Luxor with a desire to develop and mature certain powers, are found to have a motive of personal gain. Individuals are few and far between who are willing to actually "lose themselves" for the sake of the humanity of which they are a part. It is amazing how much the personal ego desires powers, recognition, adulation and aggrandizement and, for these gifts, is willing to undergo severe disciplines, undertaking hard and tedious training. However, We Who *see,*

cannot waste the time, energy and facilities of Our Retreat to assist such individuals. The motive behind the seeker for knowledge is carefully plumbed and upon that motive is Our assistance given.

HILARION:

If one watches the courtesy of the Elohim Who answer the summons of the Sun of a System and offer Their combined energies to create according to the Divine Pattern designed by such a Sun, one sees a marvelous illustration of the developed faculty of *illumined* obedience. For instance, suppose the Elohim, looking upon the pattern for a Universe (with its several planets) desired within Themselves to "improve" upon such a Divine Plan and create, say, nine planets rather than seven, in a spirit of generosity! This would mean that the original Sun, taking into consideration Its power of centripetal and centrifugal force, would have to generate more light substance, increase Its aura and carry the burden of sustaining the two extra planets thus created. The Elohim bow to the wisdom and intelligence of the Sun, offering (in loving, willing, illumined obedience) to create the Universe that Sun has designed, through their combined energies and powers, without any embellishments or ramifications of Their Own. Thus harmony reigns in the Universe! The Sun is not required to expand Itself in greater intensity of light, fecundating power and energy than originally designed. *A perfect Universe is the result!*

JESUS:

The ego of individuals often causes them to "improve" upon a Divine Design created, developed and externalized by some self-conscious Intelligence. These endeavors, often well meant in the extreme, disintegrate the original perfection of the Design and greatly hinder Its perfect expression. The Divine courtesy observed by every Cosmic Being, Ascended Master, Angel and Deva Who are members of The Great White Brotherhood, could well be developed among the chelas and students upon The Path. Every Member of The Brotherhood offers His entire, combined, gathered momentum of good to every other Member, to develop and externalize the Divine Pattern of the Brother Who has received It from the mind

and heart of God. However, *We never dream of intruding Our Own concepts upon that Pattern* but rather give the strength, light and power of Our Own "I Am" intelligence to such a Pattern, helping to bring It to fruition as its original Creator desires It to manifest. Would that mankind had the same courtesy, consideration and wisdom in serving with their brethren, in the many Causes which could be of such assistance to the race as a whole. However, the disintegrating forces within the members of such a Cause are often its downfall. To work together for a common Cause, without the desire to intrude variations in Its expression, is to follow the directions and the nature of the Elohimnic Builders Themselves.

SAINT GERMAIN:

There are countless Divine ideas pouring each day from the Heart of God into the receptive consciousness of Cosmic Beings, Ascended Masters, Angels, Devas, Elementals and human beings. Each of these ideas is a seed, containing within itself not only a pattern which can be developed into a beautiful manifestation, but also the actual spiritual nourishment and precipitating power which can assist *in* the manifestation. In the case of unascended beings, however, many share these ideas before they are developed beyond the embryonic stage and they are dissipated by the doubts, fears, jealousies and uncertainties of the confidants. Other ideas (not held firmly by a developed consciousness) are modified, diluted, distorted and literally "torn apart" by conscientious and enthusiastic fellow-workers who *think* they know how to improve upon the delicate idea received by one man or woman. It requires a great deal of spiritual strength, confidence, faith, one-pointedness, persistance and constancy for an individual to "share an idea", in the hope of securing the added support of the voluntary energies of his fellow-man; without losing the purity of its form and the impersonal beauty, radiance and lasting beneficence of its effect upon mankind. *Pray for those who are the recipients of such ideas,*—both that they may recognize them; accept them; develop them and then, *protect* them from either abortion, still-birth or distortion caused by the violently projected energies of well-meaning friends and fellow-workers, as well as the more lethargic resistance of the mass mind.

(*Continued from page* 11)

are! In other words, your feelings ride upon the surface of life, just as a cork floats upon the water and it requires no effort to sustain itself in that buoyant, happy state. However, if the vibrations of the emotional bodies are allowed to submerge that body beneath the buoyant poised happiness of the Master (uninterrupted harmony), the form of atom changes and you have a heavy and uncontrolled vehicle, which is part of the mass psychic and astral Realm of mankind. *In order to refine and purify such an emotional body, the student has to keep using the Violet Fire through it constantly!*

Strength of Love Required for Victory

Here, let Me digress for just a moment. Sometimes it is quite amazing to Me to see what some people think I feel! My goodness! If I had been the luke-warm, sad-faced individual mankind picture Me to be, *I never would have gained the victory!* Beloved friends, Divine love takes great strength! To honestly love in the face of betrayal, abuse and distress, takes great strength. . . . *Love is not a negative, luke-warm consciousness* which mankind so often accept in referring to the shepherd and the sheep. The shepherd is eternally vigilant and his love for his sheep takes him into many dangerous places, believe Me!

Now, going back again to this emotional body of which We were speaking—if you find that yours is heavy; if it has explosive tendencies and if it has various qualities in it, apt to rush off hit or miss, according to the pressures of the moment, all right! Let us be calm about it! You have created it throughout many centuries of living. It is made up of intelligent electrons forming atoms and these you have collected through ages of time. They are yours! No one can take them from you,—*probably no one wants to!!* The very fact that it is yours; that it is intelligent and that it can be sublimated (refined by fire) should be an encouragement to you. Students get so discouraged the moment they see any expression of the "Dweller on the Threshhold" (their own human creation)—the moment they see something in their worlds which needs correction. They go along for many years or perhaps a whole lifetime in joy and happiness when their strong points are confirmed; but it is the weak points which keep you from your Ascension!

Dear hearts, We come to give you assistance in correcting that which is wrong in your world and to help you create strength of character. . . . Every time you have a flare of discordant feeling, it blasts through your emotional body, setting all the electrons and atoms ajar. What happens then? After these little electrons and atoms get over their shock, they are vibrating in a broken rhythm and any of the psychic and astral Realm around them, vibrating at the same rate, connects with them and becomes part of the substance of your own emotional vehicle. Meantime, through the natural proximity of the mental body to the emotional, the electrons of the mental body are also set into motion and you have another set of discordant vibrations. When the mental body is inharmonious, it tunes into other discordant thoughts and draws those types of atoms into itself. This stirs up etheric memories,—somebody did the same thing to you twenty years ago,—and the etheric body starts into motion. (Audience laughed.) Well, beloved ones, I am glad you can laugh, but this is what happens to the average chela and student in a period of twenty-four hours, once if not more often. Then, all of these discordant bodies react upon the flesh and you have indigestion, a headache or some other physical distress. The flesh body is prostrated for the time being. Then, all over again, you have to start to recreate a harmony among the members of your household.

The Beloved Maha Chohan brought out a good point of instruction, last night. You know, sometimes it is necessary for Us to come together and discuss the class work, as well as your progress individually. He said one of Us should be sure to bring to the attention of the students the fact that *repression of emotions is not the answer* to this endeavor to sublimate the outer self. You see, *repression* of thoughts, emotions or actions *will only cause frustration,* which will react in either physical distress or some mental or emotional block in consciousness. *Transmution of your energies is the safe way to get these vehicles into alignment.* Now, you can use various methods of transmution.

Ways to Govern Lower Bodies

If you are a very dynamic, powerful and positive individual and you have a great amount of energy to handle, you can

transmute that energy in some type of constructive service. Those of you who are gifted musically—when you feel a surge of irritation approaching,—still yourself for a moment and then do something good with that energy. Play the piano; write a kindly letter; do something you know will make someone else happy; do something constructive and make the energy in the emotional body render some good service, rather than allowing it to explode in the unbridled emotion of the moment.

Please, dear hearts, do this with the mental body as well. If you have recurrent thoughts of self-pity or depression and if you continue to go back to thought patterns of impurity (some lifestreams have more to handle along this line than others), *take charge of those thoughts right then and there!* If your mind is inclined to dwell on the negative side of life; on either impurity, poverty or limitation of any kind; put your mind to work on something just the opposite. Give it a book to read; give it something constructive to do and *re-channel that energy* to where you *want* it to go! Give your mind constructive decrees to learn and repeat. As long as it wants to work, then give it one of the books of the Ascended Masters to read and let the energy work itself out harmoniously.

The same thing is true of the etheric body. Individuals who have a lot of leisure on their hands,—particularly those in mental institutions, old peoples' homes, prisons, etc.,—those who have not enough to do—allow the etheric body to continue to spin out records of past injuries which have caused those conditions to manifest. The entire atmosphere in and around those places is permeated with that effluvia of depression. This is also true of students when they go on vacation or have too much free time. If the etheric body has not been fully purified, there will come out of this sub-conscious Realm many things which cause you to feel a sense of being "hard-done-by", through the injustices of other parts of life. *This is something to guard against!* You can do the same with this etheric body as you did with the other bodies,—either use your music or your reading, or render some constructive service to your fellow-man. This will keep your etheric body from that disintegrating practice of energizing past errors.

If you will do this, beloved ones, eventually you will get the electrons and atoms of all your bodies polarized and harmonized long enough to let God, through you, fulfill Himself.

The Godhead must get all your vehicles to a point of uninterrupted harmony long enough to allow that beautiful Presence to fulfill Itself in glory through you, in dignity and in Mastery. . . . Thank you and goodnight!

MONTHLY LETTER TO TRANSMISSION CLASS

March, 1956

BELOVED CHILDREN OF GOD, SEEKING A PERSONAL AND PLANETARY RESURRECTION:

I greet you and bless you for that very *desire* to participate in the magnetizing, sustaining, radiating and manifesting of the Resurrection Flame through yourselves, your fellowman and the Elemental Kingdom of this sweet Earth which has so long been your planetary home.

As you have all, to some degree, contributed to the lowering of the vibratory action of the Earth and Its attendant evolutions, you have the obligation and responsibility of restoring the harmony, beauty and perfection which the Earth once knew. The knowledge of the Presence of the Resurrection Flame, Its rhythmic manifestation through the Nature Kingdom each Springtime and Its witnessed power as utilized by the Master Jesus, give you great opportunity to make of this Flame a practical blessing to yourselves and your fellowman!

Proximity to any vibration causes the energy of unascended beings to unconsciously duplicate that vibration unless they have become absolute Master of the energy in their own inner and physical vehicles. Proximity to *undesirable* vibrations tends to *lower* the individual's personal vibratory action and, likewise, proximity to *constructive,* powerful vibrations tends to *raise* the individual's personal vibratory action. Thus when a chela *consciously* directs his attention toward a God Virtue and commands that his inner and physical vehicles *absorb* that vibratory action, that chela is blessed by such concentration upon the Focus wherein that Virtue (Flame) abides. As the chela experiences the acceleration of the energies in his emotional, mental, etheric and physical bodies, to a degree he becomes a radiating center of that Flame wherever his personal karma has caused him to temporarily abide.

As the process of breathing automatically expresses the

absorption and radiation of life energy, it is easy to see how the earnest chela, transporting himself in consciousness to the Resurrection Temple, can draw into his vehicles (on the in-breath) the power of the Resurrection Flame. Then, on the out-breath, he can direct the substance, feeling and momentum of that Flame forth to bless the planet to which he belongs. This is done under the direction of the Masters and Angels when the chela is present in the Etheric Temple of the Resurrection Flame but it can be done under the direction of the outer consciousness during the so-called waking state *at will.* The more the students avail themselves of the Presence and Power of the various God Virtues (Flames) and the momentums gathered at the various Retreats while They are particularly active, the more real, practical and sustained will become the result of such practices.

I Am hoping that the Resurrection Flame will become a reality in the feelings of the earnest chelas and a practical substance of qualified energy in each one's own world. By this he may transmute the various shadows and limitations of Earth-life into perfection! Let us see!

Love and blessings,

MAHA CHOHAN

Statement for Transmission Class of March 18, 1956, is:

1	2	3	4	5	6	7	8
"I AM"	inbreathing	th'victorious	power	of th' Resurrection	Flame	from Jesus	and Mary
"I AM"	absorbing	"	"	"	"	"	"
"I AM"	expanding	"	"	"	"	"	"
"I AM"	projecting	"	"	"	"	"	"

Color of Flame: Mother-of-Pearl: Keynote of Retreat "A Perfect Day"; Hierarchs: Beloved Jesus and Blessed Mary.

GROUP MATERIAL FOR TRANSMISSION CLASS

March 18, 1956.

BELOVED FRIENDS OF FREEDOM'S RESURRECTION TO THE EARTH:

God bless you! From the individualized "I AM" Presence of each of you and from the Beloved Archaii "Hope" (Spirit of Resurrection) I call in, through and around you a gigantic pillar of the Resurrection Flame, sustained and expanded forever; raising you, your world and all you contact into that full perfection we all had with Our Father, *before this world was!* Consciously accept this very real gift to you and ask your Holy

Christ Self (the Mediator between God and Man, Beloved Jesus said) *accept it for you,* letting it outpicture in your work-a-day world as a permanent improvement in all your affairs. This *shall* appear, for it is called forth in God's most Holy Name "I AM" and, since *God is all there is,* there is no power to oppose this decree! Think this through and *feel* the great comfort of this realization!

"Earth Hath No Sorrow that Heaven Cannot Heal" is the name of a dear old hymn which many of us have sung many, many times. It is absolutely true, of course. Since all originally came forth *from* God, then, following the Law of the Circle (which is absolute in this Universal Scheme) everything must eventually turn back *to* God, there forever to remain in His ever-expanding glory all ways!

Nothing is ever hopeless! No disease is ever incurable! What appears to be so *today* has a cure found for it *tomorrow* and soon that particular disease or problem, as the case may be, has been mastered and its cause and effect obliterated from the screen of life. It has been said that "Hope springs eternal in the human breast" and what a blessing that it does! "This cannot last forever; things *must* be better tomorrow!"—these words have been spoken millions of times, by millions of people in as many different languages and dialects. Although the "tomorrow" seems sometimes long delayed—*it does come* and, for those who are here *when* it comes, it is a blessed relief indeed!

There is a panacea for every ill, physical or otherwise, if mankind will persist until he finds it! One of those "panaceas" is the Beloved Resurrection Flame which, perhaps because Its action is so obvious and so persistently rhythmic, mankind almost completely overlooks It as being available to him individually and as a people. That beloved Flame of Resurrection sweeps through all Nature every Spring and stirs into dynamic action the life within the bulb and the seed. It causes that which seemed to be wholly lifeless to be vibrant and beautiful again. What this Flame does for the Nature Kingdom It *can* and *will* do for us *if we will co-operate with It* as the Nature Kingdom does. Remember! that Kingdom is absolutely obedient to the Presence and commands of the Resurrection Flame and so experiences the fullness of Its victory. In the case of man, his refusal to so co-operate (because he

has the use of free-will) often stands in the way of his reception of that which would otherwise flow to him so freely.

The use of the statement of the Beloved Jesus, "I AM the Resurrection and the life . . ." of whatever it is in which you wish to manifest greater perfection, *will bring that perfection into your outer use* if you will lovingly and faithfully cooperate with the Law of this Resurrection Flame. The use of the words "I AM" set that Flame into dynamic action whenever and wherever you direct It, so *use* that statement (if you want more supply, i.e., money or any good thing; for, remember, money is not all we need!) "I AM the resurrection and the life of my finances" (repeat 3 times and then follow with "NOW MADE MANIFEST".) Repeat this statement thus for five minutes each time, three times each day—*faithfully* for thirty days. Go about this as systematically as you eat your meals—never miss once—and see what that Flame will do for you, even in that short period of time. Remember, GOD *alone* is the giver of ALL GOOD and *it is HIS GOOD WILL to give YOU THE KINGDOM*—thus said the Beloved Master Jesus! Wouldn't you like to prove this true for yourself, as well as others? You can!

Victoriously yours in the Flame of Hope—
"I AM" FRANCES K. EKEY

SUGGESTED DECREE

Beloved Mighty Victorious Presence of God "I AM" in me, O Thou Beloved Immortal Three-fold Flame of Eternal Truth within my beating heart, Holy Christ Selves of all mankind and to the Beloved Archaii "Hope", Spirit of Resurrection, do I call:

Sweep the Flame of Resurrection through all my world today—
Let Its joyous, raising Presence ever with me stay!
Sweep It through me constantly, renewing every part—
Fulfilling all God's perfect Plan that's held within my heart.

Surge the Resurrection Flame through everything in me—
Let It now reveal the full perfection I should be!
Let It make me young and lovely; healthy, too and wise—
Drawing forth God's power to bring sight to blinded eyes;

Let me use Its power on those who cannot hear—
Let that hearing be restored; perfect, crystal clear!
Let this Resurrection Flame bring balance to each mind
That's lost its way, confused amid the shadows of mankind.

"I AM the resurrection and the life of all I need"—
Whether that be manifest as money, word or deed.
In short—the Resurrection Flame is God's great gift to me!
O, Holy Christ Self, help me use it setting all earth free!

SAINT PATRICK'S DAY

On March 17th, we have the great joy of honoring the birthday of Beloved Saint Patrick. Some of our gentle readers may be familiar with His life and experiences. If so, you will remember that it was the Great Being Victory Who conversed with Saint Patrick on that hill in Ireland which Patrick had ascended, vowing He would not come down from that hill until He had been granted the dispensations of mercy and light which He made there for His people. In this particular experience, Beloved Saint Patrick was subjected to the initiations of constancy and perseverance. Three different times, the Beloved Victory told Patrick to return to the valley from whence He had come, content with His Own soul's salvation. However, Saint Patrick refused so to do—continuing His demands on the Godhead for certain spiritual assistance for the people of Ireland. He continued to storm the Gates of Heaven even in the face of the Celestial "rebuff" from Beloved Victory.

Finally, the Initiator (Victory) smilingly told Patrick that He had passed His test of perseverance and constancy of endeavor and that God's grant of mercy and spiritual benediction for His people would be His reward.

Grateful indeed are we today for the strength of this lifestream who, as Beloved Saint Germain has counselled us, just "kept on keeping on" until that for which He asked was in His hand! We ask Him now to help each one of us who needs a similar strength.

BELOVED MOTHER MARY'S HEALING OUTLINE

More than a year ago, our Beloved Mother Mary gave us the wonderful opportunity of entering into healing prayer with Her, either individually or collectively, every Tuesday evening calling forth healing for ourselves and others. To this end we have prepared an Outline of procedure which hundreds are using every day of the week but particularly on Tuesday evenings. If you would like to add your energies to those who are interested all over the world in such a meeting on Tuesday evening, you may obtain an Outline from us for twenty-five cents ($.25) per copy. Just write to "The Bridge to Freedom", Inc., P.O. Box 335, Philadelphia (5), Pa. and let us know how many you want us to mail you, at the above price.